DD/A	Registry
83-	5151

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SUBJEC	T: (Optional)				
PROM: Dr. Robert A. Ingram Director of Medical Services		EXTENSION	NO.		
				DATE	
10-4061 Hqs.				OFFICER'S	12 December 1983
TO: (Officer designation, room number, and building)		DATE			COMMENTS (Number each comment to show from whom to whom. Draw a line across column after each comment.)
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83-5151

12 December 1983

MEMORANDUM FOR: Deputy I	Director	for	Administration
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FROM:

Robert A. Ingram, M.D.

Director of Medical Services

SUBJECT:

Nutritional Supplements After Medical Screening

- 1. The medical screening process involves a 14-hour fast plus time involved with actual testing and drawing of blood samples. It is not unusual for a patient to go 18 hours without eating due to time requirements, follow-up appointments, need for repeat tests, and delay due to sheer volume of people processed. Often patients complain of dizziness and weakness, and a few faint from a combination of low blood sugar, stress, and fatigue.
- 2. It is my professional judgment that a requirement exists for the Office of Medical Services to furnish nutritional supplements, i.e., juice, cookies, etc., to alleviate the applicant's medical symptoms and to avoid any sequels. It is therefore requested that funds be allocated to purchase nutritional supplements for applicants undergoing processing.

the Agency will be a positive one	the applicant's impression of and will promote the DDA's
"quality of life" theme.	
	Robert A. Ingram, M.D.
CONCUR:	

Ed Cohen, Office of General Counsel

Date

APPROVED:

Deputy Director for Administration

Date

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	ROUTING	3 AND	RECORI	SHEET 83-5757	
SUBJECT: (Optional)					
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Director of Medical Servi 1D4061 Hqs.	ces			DATE 12 December 1983	STA
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